



# Nancy Sharma

## Food Technologist

Dedicated Food Technologist and Nutritionist with a strong background in food science and nutritional expertise. Proficient in developing and implementing creative solutions to ensure product quality and consumer satisfaction. Experienced in conducting research, analyzing data, and staying abreast of industry trends. Seeking to leverage my expertise and passion for food science to drive growth and success in a dynamic organization dedicated to advancing the food and wellness industry.

## Contact

### Phone

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### Address

H.no1583, Guru Nanak Pura,  
Amritsar

## Education

2023-2024

**Diploma in Nutrition and Human Health**  
IGNOU

2019-2021

**M.Sc food tech**  
Guru Nanak Dev University

2015-2019

**B.Sc. (hons) food sci & tec**  
Guru Nanak Dev University

## Expertise

- Product Development
- Auditing
- Recipe Formulation
- Diet Planning
- Team Spirit
- Training Specialist

## Language

English

Hindi

Punjabi

## Experience

### 2022-Present

Fitelo | Mohali

#### Nutrition Researcher-Founder's Office

- As a Nutrition specialist, Conducted in-depth market research in the nutrition field to gather insights for strategic decision-making.
- Managed and updated a comprehensive recipe database, focusing on developing new recipes specifically for weight loss programs.
- Provided training and support to dietitians, particularly in areas such as child nutrition and weight loss management.
- Conducted tele-audits to assess adherence to nutrition best practices and identify areas for improvement.
- Led various projects aimed at driving organizational growth and development within the nutrition sector.
- Played a pivotal role in optimizing client outcomes and advancing organizational objectives through multifaceted contributions.

### 2021 - 2022

Musclestadt Sporternaehrung India Pvt Ltd | India

#### Junior Food Technologist

- Conducted market research to identify trends and opportunities in the nutrition sector.
- Developed functional foods, including high-protein bars, nut butters, smoothies, and breads.
- Collaborated with cross-functional teams to ensure product quality and compliance with industry regulations.
- Managed brand and marketing strategies for products under the parent company.
- Utilized expertise in food technology to innovate and enhance product formulations.
- Played a key role in product development from concept to launch, ensuring alignment with consumer preferences and market demands.

### 2021-2022

Pt. Mohan Lal Sd College for Women | Gurdaspur, Punjab

#### Assistant Professor

- Instructed and mentored students in food and nutrition subjects, delivering engaging and comprehensive education.
- Led practical sessions to provide hands-on learning experiences, ensuring students grasp concepts effectively.
- Developed curriculum materials to enhance learning outcomes and facilitate a dynamic educational environment.
- Provided training and practical knowledge to students from other schools on food preservation and nutrition techniques, fostering broader community education initiatives.

## Projects

- Physio-chemical, Sensory and Electromyographic properties of High chocolate protein bars under Refrigeration storage
- Nutritional significance of traditional foods for Pregnant & Lactating Women