

# Curriculum Vitae

## AMIT PARMAR

**Food Technologist**

VPO AMARHERI, TEH. -JIND

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### PROFILE SUMMARY

An enthusiastic individual with a postgraduate degree focused in Food Science and Technology. Looking for an opportunity to learn and enhance skills in Food and Beverage Industry and to prove myself with my learning attitude in Food Production, Food Quality Control and Food Safety Management. Eager to learn new technologies and methodologies with an aim to flourish talent and harness it in the best possible way.

### ACADEMIC BACKGROUND

#### **M.Sc Food Science and Technology 2018-2020**

Chaudhary Devi Lal University, Sirsa with 70.2% marks.

#### **Bachelor of Science (Life Science with Chemistry, Botany and Zoology) 2015-2018**

Maharshi Dayanand University, Rohtak with 64.48% marks.

#### **Schooling 2001-2015**

☐ 75.8 % marks with Physics, Chemistry and Biology as major subjects in All India Senior School Certificate Examination (Class 12) conducted by HBSE in 2015.

☐ 90.2% marks in Secondary School Examination (Class 10) conducted by HBSE in 2013.

## EXPERIENCES

- **Production and Quality Control Trainee**

**June 2019 – July 2019**

**Minchy's Food Products, Solan, Shogi (HP)**

Responsibilities:

- Conducted sensory evaluation to all raw materials and finished products.
- Performed chemical analysis of raw materials and manufactured products under hold or release.
- Conducted plant weight checks, temperature checks, ingredients usage and distribution, finished product appearance, code date verification.
- validated compliance and alerted Plant Manager of any deviations from the specifications.
- Monitored the staff to wear company appropriate laboratory uniforms and safety gear as required.

**PRODUCTS: Wine, Cider, Apple cider Vinegar, Juices, Pickles, Jam, Sauce, Preserves, Honey, etc.**

- **Food technologist**

**Jan 2021 - Present**

**Naturally Pahadi food & beverage industry**

**Dehradun, Uttarakhand, 248001**

Pa-haa-dee means belonging to Hills. At Naturally Pahadi we believe in holistic living. We promote a diversity of grains and other superfoods indigenous to the pristine Himalayan ecosystem. Our products are the finest, crafted at a small scale with personal love and care. As equal partners, we share our brand with the small-scale farmers attached to the cooperatives we work with.

## ACCOMPLISHMENT

### Project

- Study on functional and antioxidant properties of organically and inorganically grown wheat (*Triticum aestivum* L)

- Credit seminar on Milling of Grains, legumes and pulses in Choudhary devilal university, sirsa, haryana

## **TECHNICAL SKILLS/SPECIFICATIONS**

- Quality Control | Food Safety | HACCP | Production | Quality assurance | Food Analysis |

## **ACHIEVEMENTS**

- Certificate of participation in the webinar on “HACCP, VACCP, TACCAP AND FOOD SAFTY held by aspire training research consulting..
- Certificate of participation in the webinar on safe food for healthy tomorrow conducted by the department of food processing technology of ST TERESA COLLOGE, Ernakulam, Kerala.
- Awarded Certificate of participation in **Youth Festival** organized by Maharshi Dayanand University, Rohtak.
- Awarded Certificate of participation in **National level Ratnawali Festival** by KUK University Kurukshetra , Haryana.
- Awarded Certificate of **ROLL OF HONOUR** by Government College Bhiwani, Haryana.

## **COMPUTER KNOWLEDGE-**

- Proficient with entire MS Office package.
- Certificate of qualifying one year computer studies at Soft Way Computer Academy, Jind.

## **SOFT SKILLS**

- Attentive Listening and Effective Oral Communication Skills
- Excellent co-ordination skills and positive attitude towards work
- Team Management | Problem Solving, Critical Thinking

## **PERSONAL DETAILS-**

FATHER NAME : SH. RAJ KARAN

MOTHER NAME : SMT. JAIWANTI

DATE OF BIRTH : NOV 10, 1996

NATIONALITY : INDIAN

MARITAL STATUS : UNMARRIED

HOBBIES : WATCHING MOVIES, READING  
BOOKS, MUSIC

LANGUAGE KNOWN : HINDI AND ENGLISH

## **DECLARATION-**

I hereby declare that all the above information is relevant and correct to the best of my knowledge.

**Date:**

**Place:**

**(AMIT PARMAR)**